

My Dream Day!

1. When I wake up, I want to wear _____.

2. I want to _____ to work.

3. I want to work: At Night OR During the Day

4. Types of jobs that interest me:

a. _____

b. _____

c. _____

5. I want to work _____ hours a week.

6. I'd rather work: Independently OR With a Team

7. At lunch, I'd like to sit with _____

8. After work, I would like to:

a. _____

b. _____

c. _____

9. I would like to live in _____

My Dream Day Extension

After completing a few job exploration activities, take out their My Dream Day activity sheet. Compare job requirements with the individual's preferences. This may help you and the individual see the ways in which a potential job may or may not be a good fit.

When finished with the activity, talk to the individual about which of their preferences are flexible. Is the individual open to working at different times? Taking different methods of transportation? This may help broaden the search for the right job.

Try highlighting preferences that the individual considers most important. Prioritizing this list of preferences may also help in the job search.